



Do Not Fear Just Have Faith

Reflection Messy @ Home 10th June 2020

This short story can be found in full in Mark's Gospel Chapter 5, verses 21-43.

One day a lot of people were around Jesus. An important man called Jairus came to where Jesus was. He bent down at Jesus' feet. Jairus said to Jesus, 'My little daughter is very, very sick, please come and make her better'

Jesus told Jairus not to be scared. Jesus went to Jairus' house with three of his disciples.

Jesus went into the room where the girl was, with the girl's mother and father and his three disciples. Jesus held her hand and said to her, 'Little girl, get up! The girl got up straight away and started walking around. The people there were amazed!

What a story!

A heroic father who never gave up on his daughter is a good story for Father's Day (21st June). Today we can think about all fathers (and mothers) who keep on going, no matter how difficult life can be. They want to see their children healthy, loved and cared for. Jairus was a very good dad who had faith in Jesus, even when he was afraid.

Jesus says "Don't be afraid, just believe" So today we can also think about those people who are being heroic and doing good things in our community. Help us continue to appreciate and thank them.

We too can be courageous, have faith, not give up and God will help us through the bad times.

Prayer.

Dear Lord Jesus, we thank you for being with us through difficult situations. When things seem despairing, you tell us not to fear and to believe in you. Help us to learn to trust you more each day and to proclaim life and faith, according to your promises. Lord Jesus, strengthen our faith give us the wisdom to ask for your help with complete trust. We pray that you heal our friends and family members who are ill. In Jesus' name we pray.

Amen

(Aaaaaaaaaaaaaamen! With hands in the air of course!)

Activities

If you can't get exactly these materials, just see what you can find around the house instead!

Jairus' house



You will need: corrugated cardboard; cardboard; pencils; sticky tape; scissors; paint and paintbrushes; craft tissue paper

Draw the front of the house on the cardboard, as shown in the photo, and cut it out. Use measured corrugated cardboard for the sides and roof of the house. Then use sticky tape to put these parts together (you might need help to hold the pieces together as you tape them). Paint your house as desired. Use the craft tissue to make flowers and glue them to the facade of the house.

Talk about how difficult it must have been for Jairus' family. Picture Jesus coming into the house, saying that she was asleep. 'Little girl, I say to you, get up,' he says. Talk about the joy this family must have felt after this and how hard it must have been to not tell anyone about the miracle.

Obstacle course



You will need: various objects to create an obstacle course

This all depends on your building and the space allocated for this activity. If possible, make it an outdoor one. You could even get your family to come up with great obstacle ideas.

Talk about the fact that even though there was a huge crowd surrounding Jesus. The father was desperate enough to do anything to get Jesus to come and see his daughter. Have you ever been in a

situation where you felt like everything was pressing in on you? Maybe you had to fight or to struggle your way through a lot of hindrances. It could be at school or your place of work, or the current situation.

Heroic Thankyou Cards

You will need: Card/thick paper, hero pictures (can be printed from the internet or draw them yourself), coloured pencils or pens, any decoration you would like to put on your card.

Make a card of your own choice and design. Write a 'Thank you ' note inside and give/send it to a hero (binman, shop assistant, nurse, doctor, vet, teacher, family member etc) you may know or may not know, you could even post it to someone if they are not local.

Talk about all the heroic people you may know and what they might have done for you. Talk about the lengths these people may have gone to, to make the world, or your world a better place.

Smørbrød (Danish sandwiches)



You will need: rye bread (or brown bread); butter or margarine; lettuce leaves; sandwich fillings, such as meat and/or fish fillets, pâté, cheese, egg slices and mayonnaise; garnishes, such as cucumber, tomatoes, radishes and lemon slices; knives; plates

Butter your slice of bread. Add a leaf of lettuce. Then top with your choice of cold meats, fish, cheese, eggs or pâté. Then decorate with garnish. Use your imagination or look at the photo as inspiration.

Here is the link to a song you can enjoy together as a family:

<https://www.youtube.com/watch?v=15R6SNZ-K1g>

With best wishes to you all in Jesus' name

from the Fareham Methodist Messy Church Team.