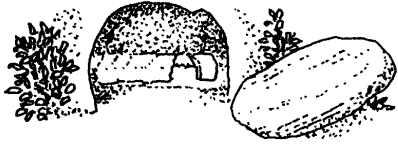


F

FAREHAM

March
2013



O
C
E
S

Fareham Methodist Church
Magazine



MINISTER: The Revd. Malcolm Groom
6 St Thomas Close, Fareham. PO16 7BZ
Telephone 01329 828706

E-mail malcolm.groom@methodist.org.uk
Mobile 07545966815

EDITOR: Mrs. Jill Groom
6 St Thomas Close, Fareham. PO16 7BZ
Telephone 01329 828706

E-mail jill.groom@btinternet.com
Mobile 07999 558524

Fareham Church website: www.farehammethodist.org.uk
Circuit website: www.gosportandfarehamcircuit.org.uk

Number 602

March 2013

SERVICES DURING MARCH

3rd	10.30	Revd Malcolm Rothwell	Holy Communion
10th	10.30	Jean Hooper	Mothering Sunday
17th	10.30	Revd Malcolm Groom	All Age Worship & AGM
24th	10.30	Daniel Bishop	
	18.00	Revd Malcolm Groom	Iona Holy Communion
31st	08.00	Revd Anna Bishop	Holy Communion at the Beach
	10.30	Revd Malcolm Groom	Holy Communion

SERVICES DURING APRIL

7th 10.30 Kathy Elvy

LOCAL PREACHERS' & TEAM APPOINTMENTS

MARCH

3rd 10.30 Andrew Wilcock at Stubbington

Please remember the preachers above in your prayers, as they prepare and conduct their services in our Church and in the Circuit.

FAVOURITE HYMN FOR EASTER?

Please let Maggie Wheeler know by 17 March if you have a favourite hymn or Easter Carol you would like considered for our 10.30 Service on Easter Day.

MARCH 2013

As Malcolm is on holiday for a fortnight, instead of his usual letter, I thought that this article was food for thought. Editor

Canon David Winter, a former Head of Religious Broadcasting at the BBC, continues his series presenting a point of view...

THE WAY I SEE IT: Disappointment isn't necessarily the end of it

One day I'd like to write a book entitled "Seemed a Good Idea at the Time" There'd be no shortage of examples, from buying that flash car that wouldn't start on cold mornings, to fruitless wars, busted economic policies and 'Splash!' on television. There is something peculiarly awful about crushing disappointment, the death of dreams, the harsh light of reality exposing the emptiness of our hopes. St Luke captures it well in his Gospel in the brilliant little cameo of the couple (surely Mr and Mrs Cleopas) on their sad walk back to Emmaus on the Sunday after the crucifixion: They



met a stranger on the way, and explained the disappointment on their faces with these words: 'We had hoped that he (Jesus of Nazareth) was the one to redeem Israel.'

The stranger appeared unaware of the dramatic recent events in Jerusalem. Yet when they related the story to him, he treated them as they walked along to a master class in the Scriptures, demonstrating how the Messiah must indeed suffer before he entered into his glory.

They clearly took to the man, and invited him to stay with them for the night as it was by now getting dark. Joining them for the evening meal, he was invited as their guest to give thanks. He took the bread, broke it, and said the words of blessing. As he did so, they realised who he was - in Luke's words, 'their eyes were opened'. It was Jesus. They were in no doubt. As he 'vanished from their sight' they forgot all about tiredness or the darkness outside, and hurried the seven miles or so back to Jerusalem to share their news with the disciples. Full of it, they burst into the Upper Room - only to find that Simon Peter, too, has seen the

Cont. ..

risen Lord. Nevertheless, they told their story - the 'stranger' on the road, the way their hearts 'burned within them' as he explained the Scriptures, and how he had been 'made known to them in the breaking of the bread'.

The road to Emmaus, the road of disappointment and despair, had become the road to joy. In an odd kind of way, it often does. Perhaps only those who have found their hopes cruelly dashed can truly appreciate what it means to have them restored, even if in a different way. They had hoped, and their hopes appeared to have been dashed by the death of Jesus. But 'in the breaking of the bread' they had seen the truth. Jesus their Lord was alive. They had hoped, and now they could hope again.

Parish Pump

RESHAPING FOR MISSION - Progress Report

After a lively and, at times, emotional debate the Circuit meeting on 14th February agreed to support the recommendation that will be made by the District Synod to Conference that a new Circuit be formed with effect from 1st September 2013 comprising of all the churches in the present Portsmouth Circuit, Gosport and Fareham Circuit and Petersfield Liphook and Haslemere Circuit. Conference is the only body that can create a new Circuit. Understandable there were some concerns about the size of the proposed new Circuit and the loss of local feel to the church but it was felt that we cannot remain as we are, and this was the best option to ensure Methodism thrives for future.

Circuit Meeting also asked the Chair of District to identify Re Jeanette Richardson and Rev Andrew de Ville as co-superintendents of the new Circuit.

Portsmouth Circuit meets on 20th February and Petersfield, Liphook and Haslemere meet on 3rd March to consider similar resolutions to the ones we agreed.

Thus we are beginning to reshape. We have yet to agree a name for the new Circuit and suggestions would be welcome. Please let me have your idea as soon as possible. Once the decisions in principle have been made there is a lot of work still to do to work out the detail.

4
Nigel Cox, Circuit Steward and Member of Working Group

EASTER SERVICES

Monday 25th March - Meditation Service @ BMC

Tuesday 26th - Joint service with St Columbus - Station of the Cross @
BMC

Maundy Thursday - Joint service with St Matthews @ BMC

Maundy Thursday Service @ 7 pm @ FMC

Good Friday @ 10 am @ BMC

Good Friday - Ecumenical Service (for Lee churches and GMC) @ 10 am @
LMC

Good Friday Service - Walk of Witness to the Vanguard (adjacent to the Podium)
(Christians Together in Fareham)

Easter Morning Communion @ 8 am on Hill Head Beach

VESTRY JOTTINGS

A reminder that the Annual Church Meeting will take place following the morning service on Sunday 17 March. Church Stewards for the year commencing 1 May 2013 will be appointed at that meeting. Anyone wishing to serve as a Church Steward from May, or wanting more information about the role, please speak to one of the current Stewards (Jean Petter, Maggie Wheeler, Jenny Chalmers or Ian Bagshaw) as soon as possible.

We are now already in the period of Lent. The Lenten cross is placed in the Welcome area for this period and a different symbol will be added each week at the beginning of the morning service with the words for the weekly Liturgy being printed in the weekly notice sheet.

Easter Services commence on Maundy Thursday at 7pm. On Good Friday is the Christians Together in Fareham Walk of Witness to Outside the Vanguard (adjacent to the Podium) for a 10.30 service. Members of each church will be walking from their own premises. The Good Friday service is being led by Fareham Methodist Church and will be followed by refreshments for all back at our church.

Easter morning communion will be on the beach at Hill Head at 8am and Family Communion in church at 10.30 when the Lenten Cross will be moved into the church and decorated with flowers.

There is a small error in the March to May plan. We have been asked to confirm that 5th May Easter Offering Dedication Circuit Service is to be held at Gosport Church at 6.00pm.

Thank you!

It was lovely to see so many church members at Sheila Walters' funeral on Monday 28th January. We would like to thank everyone from the church who provided help and support for our mum, especially since our dad died. She really appreciated being able to get to church and going to the Wednesday Fellowship.



Philip Walters and Christine Bolton

Thank you so much for the lovely flowers kindly delivered, and such welcome visits from Vic and Janice, and Kevin and Linda. It is so good to be remembered by the Church and friends.

Mavis Parish

Very many thanks for the beautiful Church flowers kindly delivered to me by Liz Avision. Such a lovely arrangement of colours - they were breathtakingly beautiful, and cheered me all the week.

Maude Lovell

Thank you for the Church flowers brought to me by Margaret on Sunday, 17th February and for the kind people who sent get well cards. Also a thank you to the people who have visited me in hospital and made my time happier. Thank you very much.

John Ward

Thank you for coming to our party

It was wonderful to see so many friends at Messy Church on Wednesday, February 13th, which had the theme of "Love Rules". Many were fascinated and amazed at the volcano, others decorated spectacles - some of them were rose-tinted - or made a variety of cakes and biscuits. The story telling was interesting as we were looking at the time when Jesus visited the home of Martha and Mary. There was a long discussion with one girl regarding the picture of Jesus in the Bible that was used. The hair was the wrong colour - it should have been black. Following a lively worship session, we were served chicken korma and rice, and then, most importantly, birthday cake. Some of the children had hoped that there would be a cake so they weren't disappointed and they were amazed when they received a party bag as well. Messy Church is always welcoming new families and it was good to see some of them at Church the following Sunday. Do talk about Messy Church and do come again.



Garry Bagshaw

WEDNESDAY FELLOWSHIP

Everyone is welcome to our Easter Service in the Worship Area at 2.00 pm.
On Wednesday, 13th March 2013.

The Service will be based on the Oberammergau Passion Play and will be led by Eric Wheeler.

After the Service Tea and Hot Cross Buns will be served in the Wickham Room

Shirley Henderson

REMINDER - PASTORAL MEETING

13th March 2013 at 19.30. See you there.

Sally Bland

BROWNIES



5th Fareham Brownies are once again collecting the vouchers for sports equipment for all the groups in Church. The box will be in the back of the Church for donations of vouchers. Thank you for everyone's support.

Alison Humby Brown Owl

MINI MARKET

In 2012 we took, on the Church Stall, the sum of £555.66

In 2012 we took, on the Book Stall, the sum of £143.40

We are still in urgent need of items including Books, Chinaware, Crockery, Jewellery, Haberdashery, etc all in good condition with the name of Mini Market marked on the front. We cannot accept electrical items unfortunately. We rely on your help to keep the stalls going. Thank you very much

Lilian and Janice

PRAYER GROUP

The next Healing / Prayer group is on Wednesday, 3rd April at 19.30, at the home of Joan & Jeff Padley at 2 Archery Lane, Fareham



7

Rita Jackson

POSIES

We are making up the Mothering Sunday posies on Saturday, 9th March at 10am at church.

All volunteers will be gratefully appreciated and rewarded with hot drinks and cakes!

Please let Sheila Dyer or myself know if you can join us for a fun hour of chat and preparation in the Welcome area.



Many thanks
Alison Humby

METHODIST WOMEN IN BRITAIN

The Eastern Area Day is to be held at Shirrell Heath Church on Thursday, 21st March 2013 from 10.am. The theme for the day is “Growing Seeds of Love. The speaker is to be the Connexional President of MWiB who will lead a Bible Study.

Please bring a packed lunch and the cost for the day will be £3.00.

Pat Croker

SINGING THE FAITH – PRESENTATION AND E-BOOK EDITIONS



Methodist Church House is considering the publication of two new editions of *Singing the Faith*. The proposed presentation edition will be a facsimile of the music edition printed on fine, Bible paper, with an imitation leather cover. The intention is that it will be lighter and easier to hold than the Music edition already published.

It will be similar to the presentation edition of *Hymns and Psalms*. The cost is likely to be about £50.

The E-book edition is planned to be words only and in Kindle, Epub (iPad etc.) and eReader (Barnes and Noble) formats and is expected to cost no more than £8.

There is an online survey at <http://dotsurvey.me/09vi0c-0fctocc> to assess the probable demand. If you are interested in either edition, please complete the survey (or get a friend to do so on your behalf if you do not have access to the internet).



You are invited to

Liphook Methodist Church

OPEN WEEKEND

To view our new building work

Saturday 9th March

10.30am to 4.30pm

Morning Coffee, Lunchtime Soup, Cream Teas

7.30pm Concert by local choir "Love to Sing"

Sunday 10th March at 10am

"The Open Church"

with Janet Baker & Rev Simon Coleman

2.30pm to 4.30pm - Cream Teas

Fairtrade Fortnight

25th February 2013 - 10th March 2013



Fairtrade Banquet

Chequers Restaurant
Fareham College
Bishopfields Road Fareham
7th March

6.30pm £22.50

By ticket only

Contact Jenny 01329 287757

Fairtrade Stall

Fareham Shopping Centre
Saturday 9th March 2013
9am to 2pm

Fairtrade Displays

Around the Borough
Keep a look out !



For more details about
Fairtrade in Fareham
Borough and events
further afield visit
www.fftb.org.uk





Wednesday, 13th March 2013

**Fareham Methodist Church, Kings Road,
Fareham PO16 0NU**

4.00 pm – 6.00 pm

**Everyone is welcome to
join us for games, craft,
Worship and a meal.**

See us on Facebook



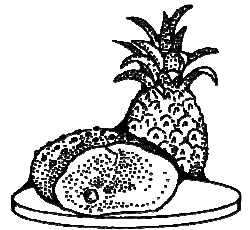
SUNDAY LUNCH 17th MARCH

at 12.30 pm approx.

This is open to all members of the congregation and all family and friends. There is no set charge for the meal we just ask for donations for M H A. If you would like to make a pudding of your choice and bring it along that would be very good – thank you.

The Menu

- Starter:** Soup or Melon
- Main Course:** Baked Ham with Pineapple
Roast Potatoes,
Selection of Vegetables
- Puddings:** Variety



There will be a list in the Welcome Area for you to sign. Please come along and enjoy a Sunday Lunch!

Jill Groom

YOU NEVER KNOW WHEN THIS KNOCK MAY COME

A new Pastor was visiting the homes of his parishioners.

At one house it seemed obvious that someone was at home, but no answer came to his repeated knocks at the door. Therefore, he took out a card and wrote "Revelation 3:20" on the back of it and stuck it in the door.

When the offering was processed the following Sunday, he found that his card had been returned. Added to it was this cryptic message, "Genesis 3:10".

Reaching for his Bible to check out the citation, he broke up in gales of laughter.

Revelation 3:20 begins "Behold, I stand at the door and knock." Genesis 3:10 reads, "I heard your voice in the garden and I was afraid, for I was naked."

STRENGTH IN WEAKNESS

There was a gardener who loved growing roses. One day, as he was inspecting his rose-trees, he noticed one rose was diseased and in need of care. The gardener carefully pruned the tree and added some fertilizer.

Every day, the gardener looked at the rose-tree, checking to see how it was growing. He then decided to tie a stick to the weak stem.

That night there was a terrible storm and the wind and the rain lashed at all the roses in the garden. In the morning, after the storm had passed, the gardener inspected his roses. Many were damaged. But the rose-tree which had been tied to the stick was unharmed. The weak rose-tree had survived.

Somehow, this weak plant had found strength despite the bad weather. The gardener, knowing its weakness, had given this rose the care and support it needed.

How many times do we find ourselves weak and in need of care, just like that rose? Our God is like that gardener who knows our weaknesses. He provides the strength we need in times of adversity. On our own we cannot survive on our own resources and must depend on God. He will support us in the storms of life.

In our times of weakness, we can find a source of inner strength, only when we rely completely on God. He says: My grace is all you need, for my power is strongest when you are weak. (2 Corinthians 12:9)

Lester Amann Parish Pump

A POEM FOR PALM SUNDAY

He came to Jerusalem, not wanting a fuzz.
He came on a donkey - there wasn't a bus!
The crowd got excited. They all came to see
The man they called Jesus and what was to be.

They waved large palm branches. Hosanna they cried.
Though they soon changed their tune on the day that he died.
For now it was praises and songs they would sing
On that first palm Sunday - for Jesus their king.

CHRISTIANS
together in
FAREHAM

Good Friday
29th March 2013
Walk and Witness



9.30 Gather at your church ready to walk to Fareham Town Centre with a cross and church banner

10.30 Short service for Good Friday outside the *'Vanguard'* (adjacent to *The Podium*) followed by refreshments at Fareham Methodist Church

A team will also distribute hot cross buns in the town centre

GOOD FRIDAY - 29TH MARCH 2013

This year the “Walk” is to start from each individual Church to arrive outside the Vanguard in time for the Service to commence at 10.30 am. Our Church has been asked to take the lead role and will lead the “Walk” from our Church with the Cross and our Banner. Please come and support those of the Fareham Team leading the Service by joining the procession.

Christians Together in Fareham have also asked us to provide and serve the refreshments following the “Walk” and Service outside the Vanguard. A team has agreed to do this and will be using the Coffee Centre and serving Hot Cross Buns in the Church Hall to any who come back to our Church after the Service

BUT Volunteers are needed to distribute Hot Cross buns to the public in West Street following the Service. Please let Edith Livingstone know if you are willing to help with this venture.



CTiF

IS THERE A METHODIST IN YOUR FAMILY TREE?

Historians are inviting people to dig up stories about Methodists in their family tree and share them on a new heritage website.

My Primitive Methodist Ancestors (www.myprimitivemethodists.org.uk) provides a space where people can share information about every aspect of Primitive Methodism. The easily-searchable site is part of a community archive network, supported by the Methodist Church and Englesea Brook Museum, and was developed by volunteers. Jill Barber, project Director of the Englesea Brook Museum, explains: “We get hundreds of enquiries every year, from all over the world, from people tracing their family history. Many have no experience of church, but are fascinated to find out more about the faith of their ancestors. Some discover their ancestors were put in prison for preaching in the open air, others became Chartists or trade union leaders, and transformed the lives of working people”.

Methodist Recorder

Do you have someone way back in your family tree who was a Methodist? How about checking out the website and do let us know if you find anything of interest!



Fareham

Tea & Tiffin Trip

On the four Wednesdays of the month

- * We offer you a different venue each month for you to enjoy, shop, eat and make friends.
- * We collect from different areas each week.
- * All travel cost is included in your Dial a Ride fare.
- * Meet new people.
- * Collected from your home or near by.
- * Free Dial a Ride membership is required.

Collecting from:-

Week One	Fareham Central
Week Two	Portchester Area
Week Three	Stubbington Area
Week Four	Western Wards



Please ring:

March Venue
Wickham Square

May Venue
Inn by the Sea

01329 223151

For more details

April Venue
Garson Garden Centre

June Venue
Whiteley Shopping Area

Please note that food and drink are not included in the price



FROM THE DIAL A RIDE TEAM



The team is going to run weekly trips to local destinations for “Tea” on four Wednesdays each month.

The buses are wheelchair accessible and these trips are aimed at people who are pretty well housebound / elderly who would appreciate going out. The trips are on a four week cycle with pick ups in four different parts of the entire Fareham Borough - they go to each person’s home to pick up / drop off.

The Dial a Ride service runs 5 days a week for trips to town, the library, Sainsbury’s etc and also the Voluntary Car Scheme for medical appointments, surgeries, dentist, leg clinic, QA etc. These details and more can be obtained from the Community Action Team Office in West Street, Fareham (opposite Holy Trinity Church).

Christians Together in Fareham

GRUMPY OLD MEN AND WOMEN? NOT AT ALL!

There is no need to get grumpy as you get older – in fact most of us grow happier. Those are the findings of a recent study carried out by the University of Warwick. It was found that after the ‘mid-life dip’ in happiness (which hits you at about 45), many older people reported a greater mental satisfaction with life.

The curious thing is that physical infirmities don’t seem to affect this later-life contentment. Researchers suspect it might be due to a mature person’s better coping abilities in dealing with hardships, a lowering of overall expectations from life, and a lessening of the pressures of work. It was also found that the most contented people get between 6-8 hours sleep a night; either more or less sleep than that had a negative impact on physical and mental health.

Older Christians, of course, have one wonderful promise from God to lean on if things do get rough: “Even to your old age I am he, and even to grey hairs will I sustain you; I have made you and I will carry you.” (Isaiah 46:4).

ALL IN MARCH

75 years ago:- on 3rd March 1938, oil was discovered in Saudi Arabia.

25 years ago:- on 11th March 1988 the British one pound note was withdrawn from circulation.

ON THE PERILS OF MOVING FROM CITY TO COUNTRY

The Rectory, St. James the Least

My dear Nephew Darren

Those parishioners of yours who won millions on the Lottery and moved into this parish have created quite a stir. It was perhaps a little unwise of them to tell everyone the reason why they had become so wealthy. While most of our parishioners also do the Lottery, few would ever admit it in public. (Since your friends arrived, the entire PCC is buying ever more lottery tickets, but from the shop in the NEXT village, to try and keep it secret.)

However, your ex-parishioners still have much to learn about our country ways. Buying the old Dower House was impressive; and spending a small fortune re-stocking the gardens was certainly commendable. But someone should have told them about cattle grids. It must have been quite a shock for them to wake up one morning and find the thirty sheep from the neighbouring field had wandered in for breakfast.

Their brand new purple Ferrari has certainly brightened up the country lanes around here. The noise it makes as it roars up behind you quite quickens the pulse. Mrs Beamish had been suffering with low blood pressure for months; she says she is quite cured now. The Colonel, who is all for the community supporting the church, then asked if the new-comers would drive the bishop around on the day he came to do his tour of the parish. The Colonel thought that an open-topped purple Ferrari would make a great bishop-mobile; and the new-comers were so kind to agree. What a shame that they decided to accomplish the several miles of parish lanes in record time: the bishop barely even saw the several farmers that they nearly ran down. His new nickname in this parish is: The Purple Peril.

The new-comers have installed security lighting, which is understandable. But now I wonder how much sleep they are getting, as the rabbits, foxes, and badgers who live in their grounds keep it flood-lit for much of the night. Meanwhile, the Colonel is grumbling about the effect of light pollution on his young pheasants in the woods nearby.

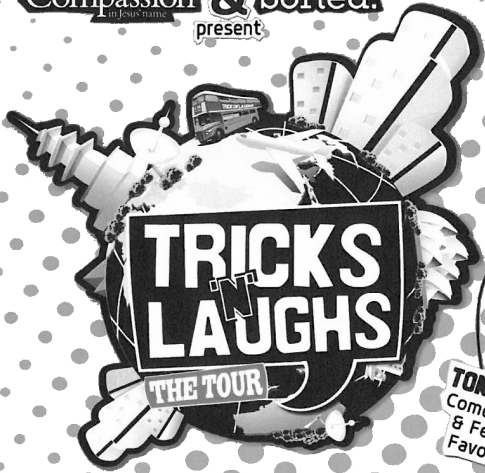
But these little inconveniences apart, I am sure they will soon feel at home. I feel confident that by the third generation, they will be properly settled in.

Your loving uncle,

Eustace

18

Compassion & Sorted.
in Jesus' name
present



TONY VINO
Comedy Club
& Festival
Favourite



STEVE LEGG
International
Baffler &
Funny Man

Two of the UK's top
Christian entertainers join
forces to bring a unique
mix of comedy & magic
for all, in this NEW show
for 2013

"Life Affirming Comedy"
BBC1

"He's very clever"
Mrs Legg (Steve's Mum)

The Tricks 'n' Laughs Show

Saturday 23rd March 2013 // 7.00pm

At Holy Rood Church, Gosport Road
Stubbington, PO14 2AS

(Includes drinks at the interval)

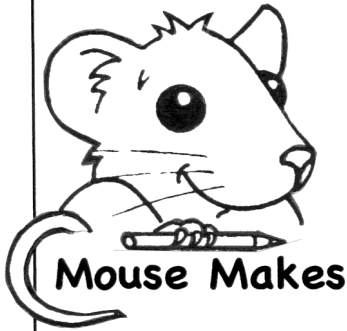
Tickets available from the Church Office

Tel: 01329 661 154 or Email: holyroodchurch@googlemail.com

For more information contact Steve Martin
Email: steve.martin@cvm.org.uk

TICKETS
Adults £3
Children £1.50
Family £8

**FUN FOR ALL
THE FAMILY!**



Mouse Makes

JESUS IS ALIVE!



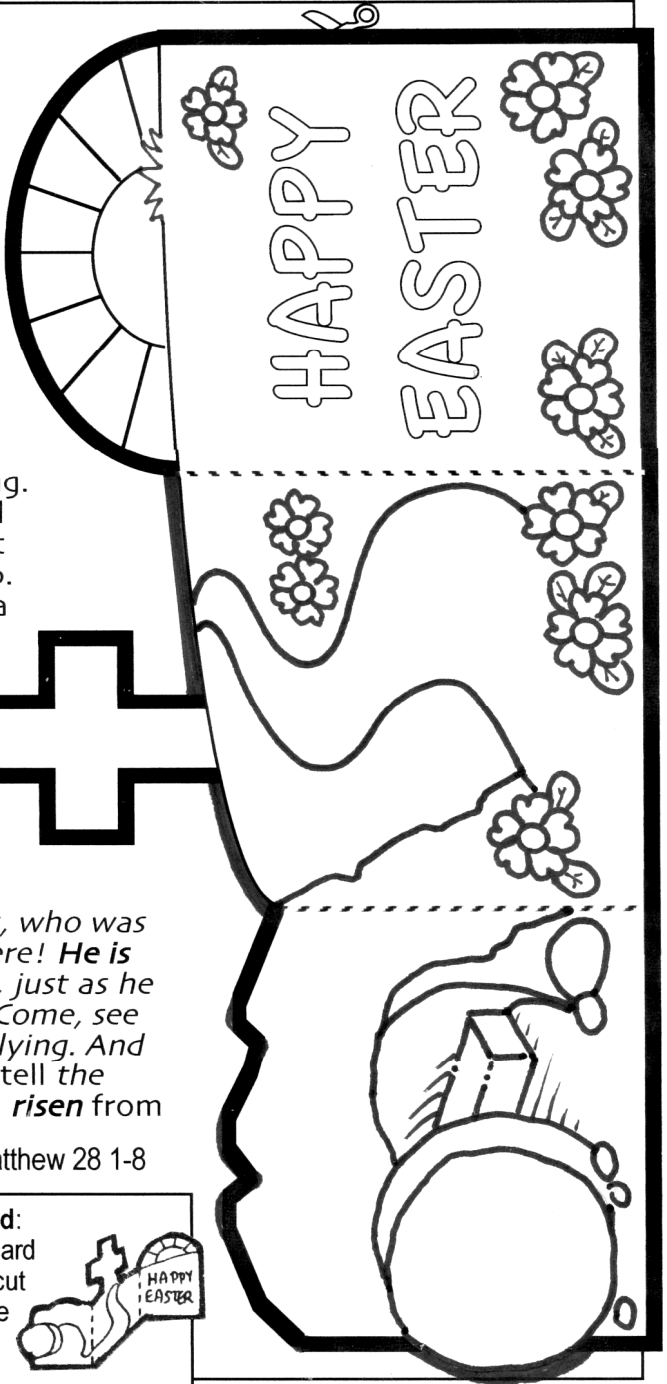
Early on Sunday morning, as the new day was dawning, Mary Magdalene and the other Mary went out to visit the tomb. Suddenly there was a great earthquake! For an **angel** of the Lord came down from **heaven**, rolled aside the stone, and sat on it....

"Don't be afraid" he said. *"I know you are looking for Jesus, who was crucified. He isn't here! He is **risen** from the dead, just as he said would happen. Come, see where his body was lying. And now, go quickly and tell the disciples that he has **risen** from the dead."*

See: Matthew 28 1-8

To make the Easter card:

Glue this page onto thin card then colour in. Carefully cut around the thick black line then zig-zag fold along the dotted lines.





THE STAND IN

It's not me; I didn't do it. Is it always *someone else* when the teacher asks 'who made this mess', or Mum says 'who broke this?' And if we hadn't done it, would we offer to clean up the mess or pay for what is broken out of our pocket money? Even though it wasn't our fault and we hadn't done anything wrong?

The answer is probably 'no'. Why should we? It wasn't our fault! It wouldn't be fair! But then things often aren't fair. It wasn't fair that the crowds in Jerusalem that first Easter shouted 'release Barabbas', a convicted criminal. They could have shouted 'release Jesus' – Jesus hadn't done anything wrong after all.

Jesus told us 'No one has greater love than this, to lay down one's life for one's friends' (St John's Gospel, chapter 15, verse 13). Jesus gave up his life for us. And others have followed his pattern, like Maximilian Kolbe, a Catholic priest in a German concentration camp took the place of another prisoner and was killed instead of him.

WHO? ME?

The answers to this Bible quiz are all words that begin with the letters **M E** ... answers at the bottom of the page

1. Was with Daniel in the lions' den? (Daniel, 3)
2. Is another name for Malta where St Paul was shipwrecked? (Acts, 28)
3. Who did Jesus call blessed, and said they would inherit the earth? (Matthew, 5)
4. Proverbs 17 says that a merry or cheerful heart is like what?
5. What were James and John doing when they first met Jesus? (Mark, 1)
6. Jesus compared the Kingdom of Heaven to yeast mixed with what? (Luke, 13)
7. King Saul's eldest daughter's name (I Samuel, 14)



When did medicine first appear in the Bible?

When God gave Moses the tablets.



1. Meshach
2. Melita
3. the meek
4. good medicine
5. mending their nets
6. three measures of flour
7. Merab



CHRISTIAN AID WEEK 12th-18th MAY 2013

The week will begin with a sponsored walk at Holly Hill Woodland Park on Sunday, 12th May 1.00pm – 4.00pm. Walkers can be sponsored or simply come along to enjoy the walk and give a donation if you are able to do so.

As well as the usual house to house collections there will also be a stand in Fareham Shopping Centre from Monday, 13th to Friday 17th May. It will run from 9am to 3pm on Monday, and 10am to 3pm on the other days. If you are able to help during this week it would be greatly appreciated. I need volunteers to: run the stand in the centre of Fareham; to deliver and collect the envelopes and to walk or sponsor a walker.

Christian Aid continues to work with the world's poorest people. The money that is raised during Christian Aid Week supports projects all over the world to help people to help themselves. Its aim is to empower people, to help them to determine their own futures and destinies.

Linda Foster

FOUR STROKE INDICATORS

During a Garden Barbeque a lady stumbled and fell. She assured everyone that she was fine. Although shaken she went on enjoying herself and drove home at 3.00pm. Later that day her husband telephoned some of his wife's friends and told them that his wife had been taken to the hospital where at 6.30pm she had passed away. She had suffered a stroke.

A Neurologist has stated that the 'trick' was getting the stroke recognised, diagnosed and then medically cared for within three hours. Doctors say a bystander can recognise a stroke by asking **FOUR** simple questions:

- S** Ask the individual to **SMILE** - Stroke sufferers will have difficulty smiling as the lower lip on one side is affected.
- T** Ask the person to **TALK**, repeating a simple sentence, like Chicken Soup - Stroke sufferers will have difficulty talking and may slur their words.
- R** Ask the person to **RAISE BOTH ARMS** - Stroke sufferers will have a problem lifting one of their arms.
- T** Ask the person to Stick out their **TONGUE** - Stroke sufferers will have a crooked tongue (it goes to one side or the other).

REMEMBER Stroke = S T R & T

DATES FOR YOUR DIARY

(All meetings at Church unless otherwise stated)

MARCH

1st	Friday Lunch	13.00
5th	Ladies Night @ Meg Cox	20.00
7th	Users Group AGM	19.30
8th	Ladies Night @ The Manse	20.00
9th	Worship Leaders & Local Preachers Training @ Drayton MC	10.00
	Liphook MC Open Weekend	10.30 to 16.30
10th	Liphook MC Service at 10.00 am Open	14.30 to 16.30
12th	3 Circuits Leadership Teams Meeting @ the Manse	10.00
13th	Messy Church	16.00
	Pastoral Meeting	19.30
14th	Messy Church meeting	10.00
17th	Annual Church Meeting	approx 11.30
	Sunday Lunch	approx 12.30
19th	Ladies Night @ Ferneham Hall	19.30
31st	Easter morning Communion & Breakfast @ Hill Head Beach—The Salterns	08.00

APRIL

3rd	Healing Prayer group @ 2 Archery Lane	19.30
5th	Friday Lunch	13.00
10th	Messy Church	16.00
11th	Messy Church Wash-up meeting	10.00
16th	Local Preachers Meeting @ Bridgemaury MC	19.30
24th	Wednesday Fellowship	14.00

Mini-Market every Monday 9.30 to 11.45 am
(Not Bank Holidays)

23

Coffee Centre every Thursday 9.30 to 11.45 am

DOOR STEWARDS

MARCH

3rd 10.30 Sheila & Graham Dyer
10th 10.30 Bessie & Daniel Taabu
17th 10.30 Rosemarie & Tony Jackson
24th 10.30 Bobby & Patrick Watson
18.00 Eric Wheeler
31st 10.30 Linda & Kevin Foster

APRIL

7th 10.30 Garry Bagshaw & Judith Bramall

FLOWER ROTA

MARCH

3rd Lynda Thomas
10th Mary Bailey
17th Brenda Taylor
24th Mavis Parish
31st Flower Fund

APRIL

7th Eric Wheeler

REFRESHMENT ROTA

MARCH

3rd Pat & Tony Pickering, Lynda Haydon-Jones
10th Rosemarie & Tony Jackson, Margaret Boyd
17th Sheila Dyer, Sarah Brooks, Meg Cox
24th Margaret Temple, Sally Bland, Brenda Bennett
31st Cath Stevenson, Vic Collins, Judith Bramall

APRIL

7th Pat Croker, Mary Bailey

PRESS DATE

All items for the **APRIL** Magazine should be placed in the box in the Welcome Area or handed to the editor - **Jill Groom** - by **Lunchtime** on **Friday 29th March 2013 please.** ²⁴

Fareham Focus is now available to be read on Fareham Church Website